

**MÁSTER UNIVERSITARIO EN PSICOLOGÍA DE LA SALUD
UNIVERSIDAD DE GRANADA**

**CONTENIDOS DE LOS CURSOS-TALLERES DE PROFESORES
INVITADOS
CURSO 2011-2012**

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PROFESOR KARL WIEDL

UNIVERSIDAD DE OSNABRÜCK, ALEMANIA

MAYO 7-10 (de 10 a 14 horas)

NEUROCOGNITIVE APPROACH TO PSYCHOSES

(En inglés con traducción)

After an overview on psychoses in general, schizophrenia and affective psychoses (depression, mania and bipolar disorder with psychotic symptoms), constituting the target disorders of the course - are described in same detail. Small exercises are included to clarify aspects of symptomatology and diagnosis. Following this, the neurocognitive approach to psychoses, developed in schizophrenia research and then extended to other disorders, is described. There is opportunity for the students to get in touch with selected neurocognitive research tools. The second part of the workshop deals with issues of intervention and with the evaluation of its effects. Based on texts in Spanish language, the students will get to know established interventions that focus on or integrate neurocognitive elements. Computer - based techniques are presented and can be tried out. For the evaluation of performance change, different statistical models are described. Calculating change scores with the help of simple data sets, the students can learn about the specific qualities of these measures and their biases. The third section of the course deals with Dynamic Assessment, an approach which relates principles of intervention to the assessment of cognitive abilities. Based on selected texts, the students discuss the contribution of Dynamic Assessment to research and clinical issues in small groups.

**PROFESOR STEPHEN HAYNES
(UNIVERSIDAD DE HAWAII, ESTADOS UNIDOS)
MAYO 14- 17 (de 10 a 14 horas)
CLINICAL CASE FORMULATION AND FUNCTIONAL ANALYSIS FOR
COMPLEX CASES
(en Inglés con traducción)**

Course Overview. The course will include lectures, PowerPoint presentations, readings, demonstrations and examples on the Conceptual and Methodological Foundations of clinical case formulation (CCF).

Major points to be presented:

1. Review difficulties and challenges of making treatment decisions with clients
(Where to focus treatment)
2. Emphasis on complex clinical cases
3. Conceptual bases of functional analysis as an approach to clinical case formulation (behavior problems, causal relations)
4. Discuss Functional Analytic Clinical Case Models (FACCM) to illustrate functional analysis
5. Applicability and Limitations of CCFs
6. Validity and utility of CCF
7. *Clinical practice*: during the course, small groups will form to present and discuss a clinical case, using principles and methods outlined here. Each group will conduct a CCF on a client being assessed by one of the team members.

**PROFESORA MARTINA RUF
(UNIVERSIDAD DE KONSTANZ, ALEMANIA)
JUNIO 18-21 (de 10 a 14 y de 16 a 18 horas)**

**INTRODUCTION TO NARRATIVE EXPOSURE THERAPY (NET) FOR THE
TREATMENT OF SURVIVORS OF MULTIPLE TRAUMATIC
EXPERIENCES
(en Inglés con traducción)**

Narrative Exposure Therapy (NET) serves the need for a joint approach of treating survivors suffering from posttraumatic symptoms and documenting human rights violations in order to achieve release from anxiety, overcome the imprisonment in help- and speechlessness, and to regain dignity as well as allow psychological integration of the traumatic material and foster post-traumatic growth. NET has been developed to meet the ethical requirements demanded for profoundly trust-shattered survivors after severe human rights violations. The workshop will provide the rationale for the NET module and illustrate how it can be applied in practical settings including work with participants in role-plays to illustrate the procedure and discuss examples with the participants. The workshop will follow a participatory, process-oriented approach based on the principles of adult learning. Case studies will foster learning from real life situations, based on trainees' experiences. Examples during role-play of NET will help participants gain key skills in dealing with situations during counseling. As a result, self-confidence as a NET practitioner will be enhanced, also in terms of participants' self-exploration.

1st day: consequences of multiple trauma for functional organization of brain and memory, rationale for the NET-module

2nd day: demonstration of the NET-module in the plenum, life-line and transformation of implicit to explicit memory with focus on positive emotions

3rd & 4th day: role-play with participants in smaller groups and discussion of the individual experiences, practical issues of treatment.

YVONNE GÓMEZ MAQUET
(UNIVERSIDAD DE LOS ANDES, BOGOTÁ, COLOMBIA)
JUNIO 25-28 (de 10 a 14 horas)

EVALUACIÓN E INTERVENCIÓN EN ANSIEDAD Y DEPRESIÓN EN NIÑOS Y ADOLESCENTES

Descripción

Este seminario clínico estará dedicado al análisis del estado actual de la investigación, evaluación y tratamiento de los trastornos internalizantes, especialmente ansiedad y depresión en niños y adolescentes desde una perspectiva cognitivo-conductual.

Después del curso el estudiante estará en capacidad de

1. Entender los trastornos internalizantes en niños y adolescentes.
2. Explicar los trastornos internalizantes desde los modelos teóricos principales para el enfoque cognitivo conductual
3. Elegir aplicar e interpretar los métodos de evaluación de los trastornos internalizantes en niños y adolescentes.
4. Realizar la conceptualización (formulación) cognitiva-conductual del caso clínico
5. Reconocer los diferentes tratamientos psicológicos de los trastornos internalizantes en niños y adolescentes
6. Aplicar los principales procedimientos de intervención para los trastornos internalizantes en niños y adolescentes
- 7.

Contenido

Unidad 1: Modelos teóricos explicativos de la Ansiedad y la Depresión

Unidad 2: Evaluación e Intervención para los trastornos de Ansiedad

Unidad 3: Evaluación e Intervención para el trastorno del estado de ánimo

Metodología:

El curso tendrá un carácter teórico-práctico, haciendo énfasis en el desarrollo de competencias clínicas de evaluación e intervención. Además de la exposición magistral de algunos conceptos se trabajará con base en la discusión de lecturas, análisis de casos y juegos de roles.