



Máster Universitario en  
Neurociencia Cognitiva  
y del Comportamiento

## **Seminario "Deconstructing wisdom"**

14/03/2022

Seminar:

Dr. Igor Grossmann, University of Waterloo

Date and time: March 22nd at 12:30

Place: Sala de Conferencias 1 (CIMCYC)

Title: Deconstructing wisdom



**Abstract:** Wisdom has been a central topic in ancient philosophy, glorified and revered by many cultures throughout time. Recent interest in wisdom across social, behavioral and medical sciences has also been on the rise, paralleled by conceptual confusions about its nature and assessment. How is wisdom different from intelligence, rationality, or moral virtues? To avoid confusion, I will start by establishing a common (denominator) model of wisdom - a empirically-driven synthesis of perspectives from a large number of empirical scholars working on wisdom-related themes in philosophy, education, and cognitive and social sciences. Central to this model is the focus on meta-cognition. Meta-cognitive principles of wise judgment include epistemic virtues of intellectual humility, recognition of world in flux and change, and consideration & integration of different perspectives. I will review how these features are beneficial for individual well-being, relationships, and intergroup relations. Based on experimental, cross-cultural and diary evidence, I further propose that the propensity of applying these

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principles in daily life depends on the cultural contexts and specific situational demands. I will demonstrate implications for measurement, and will further apply these new insights for wisdom-enhancing interventions in the context of working through interpersonal challenges. I will conclude by outlining several unresolved conceptual and methodological challenges.